



2025 WCC JV Championships

Annandale, Dassel-Cokato, Delano, HLWW, Holy Family, Hutchinson, Glencoe-Silver Lake, Jordan, Litchfield, New London-Spicer, Norwood-Young America, Rockford, Southwest Christian, Watertown-Mayer, Westonka

Monday, May 5, 2025

GENERAL INFORMATION

1. Three entries per individual event. **EXCEPTION: Up to 5 Entries in 100M, 1600M, Shot, Discus**
2. Relays: UNLIMITED Entries
3. We will use Hero's Timing. **Please follow instructions Hero's Timing sends out via Athletic.net.**
4. All runners must report to the clerk of course at the start line of the 100M.
5. Athletic Trainer available at the Finish Line area.
6. Running Events take preference over field events. If the participant is not checked in prior to the start of their event they will be scratched from the event as well as all remaining events.
7. Team camps: Outside the fence north of Tiger Stadium (No Footballs, Frisbees, etc.).
8. Spectators must remain outside of the fence that surrounds the track. The track and turf are for athletes warming up and receiving awards only. **NO PETS.**
9. In the event of inclement weather, athletes and fans will be asked to move to the Tiger Activity Center.
10. **NO SEEDS OR GUM ON TURF. NO TAPE ON TRACK.** Chalk and tennis balls will be provided.

SCHEDULE OF EVENTS

3:15 Coaches Meeting by Podium

4:00 **FIELD EVENTS BEGIN** (3 attempts)

Boys' Pole Vault (Heights same as Pent meets....per WCC policy), Girls will follow

Girls' High Jump (Heights same as Pent meets....per WCC policy), Boys will follow

Boys' Shot, Girls will follow

Girls' Discus Throw, Boys will follow

Boys' and Girls' Long Jump (Boys West Runway; Girls East Runway), Triple Jump will follow.

4:15 **RUNNING EVENTS BEGIN.** We will run continuous with Girls followed by Boys

4 x 800m Relay

100m/110m Hurdles

100m Dash

4x200m Relay **(1st/3rd Exchange Zone: Rockford & DC)**

1600m Run

4x100m Relay **(1st Exchange: SWC & Annandale; 2nd Exchange: HLWW & HF; 3rd Exchange: MW & GSL)**

400m Dash

300m Hurdles

800m Run

200m Dash

3200m Run

4x400m Relay

GAMES COMMITTEE: All opposite gender head coaches except those schools involved in the dispute.

AWARDS INFORMATION

Awards Ceremony – Awards will be given **AFTER EACH EVENT**. We will announce athletes (1st – 8th place) to report to the PODIUM AREA in front of the bleachers after their event is completed. **Field Event athletes** will be recognized during the 3200M Run. Ribbons will be awarded for 1st-8th place of each individual event and members of relay teams.

BUS & SPECTATOR PARKING

Peak hours for campus traffic is 2:45-3:10. There will be very limited parking prior to 3:10. After dropping off athletes, buses can park at Delano Central Park (650 River St. N) until 3:30, then relocate to park north of the high school in Lot #4.

Any questions? Please feel free to call or email:

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